



PSHE PROGRAMME

(Senior school - years 7-11)

(This document is available on the school website or on request)

Reviewed February 2019

Aim:

To provide a stimulating, educationally active, relevant, and appropriate programme of work for all pupils that helps their Personal and Social development and encourages them to live a healthy and responsible, moral life. It will touch on spiritual and cultural issues that will help engender greater understanding and encourage the boys to grow into responsible citizens demonstrating Fundamental British Values.

Objectives of PSHE

The PSHE programme is planned to:

- *Focus on the needs and priorities of boys at QE.*
- *Support and reinforce the QE school aims.*
- *Address national social proprieties such as drug prevention and teenage pregnancy.*
- *Equip our students with the skills to keep themselves safe.*
- *To teach Fundamental British Values, for example respect for others and courtesy towards all.*
- *To teach the importance of the rule of law, of individual liberty and its relationship with free speech.*
- *To encourage students to distinguish right from wrong and to respect the civil and criminal law of England.*
- *To encourage an awareness of diverse issues addressed within the media, such as events in Iraq, racism, the housing market, education, ethics, sport and the consumer society.*
- *To encourage responsibility for personal behavior and the importance of contributing positively to the lives of others both within school community and the wider society.*
- *To develop political awareness and an understanding of alternative political systems such as democracy and dictatorships.*
- *To show respect for all faiths and beliefs.*
- *To address issues of inequality and disability and ensure that students are aware of the challenges that some individuals and groups face.*
- *To encourage an understanding of public institutions and public services in England (e.g. NHS, BBC, Legal System, Charity Sector etc.) including an awareness of English traditions.*
- *To develop awareness of what constitutes a healthy diet, appropriate physical exercise and emotional wellbeing.*
- *To equip students with an understanding of what constitutes healthy relationships and how to develop and maintain them.*

- To develop a range of character attributes, such as resilience and grit, which underpin success in education and employment.
- To develop the values, skills and behaviours students need to get on in life at and beyond school

Delivery of PSHE

PSHE is taught within Enrichment and is delivered by a team of teachers who have elected a specific specialist subject area, coordinated by the Head of PSHE and the Enrichment Co-coordinator. Year 11 follows a different pattern and is only taught by the Head of PSHE.

Scheme of Work

NOTE: Topics are flexible and may be subject to change. Additional School and Year Group assemblies support this programme, which is overseen by the Deputy Head Pastoral. Enrichment lessons complement this provision. This is a working document.

Year 7	Year8	Year 9	Year 10	Year 11
Drug Use – Understanding Addiction and alcohol/smoking (PAD)	Fitness	Climate Change: What on earth is going on? G1 / HM	Drug Use – Drugs and Criminality: Punishment vs. Rehabilitation (PAD)	:Psychometric tests
E-Safety – Understanding your online footprint (RJP)	First Aid NB	How do we think? C3 / RJW	E-Safety – Data Protection and Positive E-Use (RJP)	:Work Experience
Sex and Relationship Education – Family Life and Relationships	Cooking and healthy eating	Scientific Creativity M2 /	Sex and Relationship Education – Consent	:Writing CV/ letter
Values – What are QEH values? (AWS+WGP)	Drug Use – Why are some drugs socially acceptable (PAD)	Does democracy work? H3 / JEM	Values – Perspectives on immigration (SJM)	:Writing Career Reports
3 sessions on Mental Health -What is Mental Health (JMJ) -How do we deal with failure? (ACC) -Living with Mental Health (Steven Fry Documentary)	E-Safety – Sexting + Appropriate Behaviour (RJP)	Presentation Skills	Morality – Tackling Homophobia (Russia ‘Hunted’ C4 Dispatches Documentary) (WGP)	:Choosing A-Levels
Dealing with bereavement (Rio Ferdinand Documentary?)	Sex and Relationship Education – Understanding	Drug Use – Understanding Legal Highs (PAD)	3 sessions on Mental Health: -Talking about mental Health	:Alternatives to A-levels

	Puberty		(MIND Videos) (JMJ) - Dealing with stress – BBC Truth About Stress Documentary (ACC) -Living with Mental Health (Stephen Fry Documentary)	
Physical Health – Basic First Aid (NB)	Values – British Values: what are they? (LS)	E-Safety – Addiction and Gaming (RJP)	Physical Health – Sexual Health, esp. STDs (NB)	University Issues – UCAS, Money and Applications
	Morality – a transplant dilemma (WGP)	Sex and Relationship Education – Pornography Awareness (JS)		Review of methods of contraception and the importance of safe sex and planned parenting. STI's, prevention and methods of treatment.
	3 sessions on Mental Health: Forms of Mental Health (JMJ) Coping strategies (Mind Over Marathon BBC) (ACC) Living with Mental Health (Stephen Fry Documentary)	Values – The role of the media: do we have fair and honest media? (EC)		Changing gender roles and LGBT issues
		Morality – Abortion Debate (BBC3 Documentary) (WGP)		The law relating to sex, relationships and rape.
		3 sessions on Mental Health: Schizophrenia and ADHD Horizon Docs (JMJ) Tackling Sleep Deprivation (ACC) Dealing with bereavement (Rio Ferdinand Documentary)		Body language
		Physical Health – Sexual Health, esp. Testicular Cancer (NB)		Parenting Skills
		Pastoral Workshops: Bob Tait – Drugs and Alcohol Awareness		Healthy Relationships

		Play Your Part: RESPECT Programme and Knife Crime Brook sessions with each individual form		
				Alcohol and Drugs
				Social Media
				Pornography
				Employability Skills
				Resilience