

QEH Menu Week 1 September 2021	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Main Course</i>	Oven Baked Pork Sausage with Rich Red Onion Gravy	Beef and Oregano Lasagne with Cheese Crumb	Rosemary and Thyme Roasted Chicken Leg	Pork and Chorizo Jambalaya	Battered Fish Fillet
<i>Vegetarian</i>	Quorn Sausage with White Bean Cassoulet	Cauliflower and Pumpkin Vegan Bake	Creamy Leek, Potato and Cheddar Pie	Mixed Bean and Vegetable Chilli	Courgette and Sweetcorn Fritter with Harissa Mayo
<i>Pasta Sauce 1</i>	Chicken and Roasted Red Pepper	Texan BBQ Sausage and Beans	Abruzzi Style Lamb Ragù	Slow Cooked Beef Bolognese	Pizza Selection
<i>Pasta sauce 2</i>	Chunky Tomato and Basil Sauce	Aubergine and Courgette Ragù	Courgette and Lemon Sauce	Mushroom and Tarragon	Mushy Peas
<i>On the side...</i>	Mashed Potato	Garlic and Herb Slice	Garlic Roasted Potato	Tortilla Chips	Chipped Potato
<i>Vegetables</i>	Broccoli Florets Sautéed Savoy Cabbage	Green Peas Mixed Salad Leaves White Cabbage Slaw	Steamed Greens Baton Carrots Pan Gravy	Taco Shell Sour Cream Tomato Salsa Mixed Vegetables	Garden Peas Steamed Corn Tartare Sauce Chip Shop Curry Sauce
<i>Something Sweet</i>	Apple and Cinnamon Crumble Yoghurt and Cut Fruit	Sticky Toffee Pudding with Toffee Sauce Yoghurt and Cut Fruit	Raspberry Ripple Sponge Yoghurt and Cut Fruit	Honey and Date Flapjack Yoghurt and Cut Fruit	Chocolate Brownie Yoghurt and Cut Fruit

Jacket Potato and Filling Available Every Day

QEH Menu Week 2 September 2021	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Main Course</i>	Cajun Chicken and Roasted Vegetable Wrap	Beef Pasticcio with Feta & Cheddar Crumb	Pork, Leek and Wholegrain Mustard Pie	Malaysian Chicken Curry	Battered Fish Fillet
<i>Vegetarian</i>	Roasted Vegetable and Feta Flatbread	Sweet Potato and Spinach Cake with Kale Slaw	Italian Chick Pea and Squash Stew	Thai Green Vegetable Curry	French Bread Pizza
<i>Pasta Sauce 1</i>	Chilli Beef and Smoked Paprika	Chicken Arrabiatta	Chicken, Basil and Roasted Garlic	Moroccan Lamb	American Style Hotdogs
<i>Pasta sauce 2</i>	Tomato, Black Olive and Parsley	Triple Cheese	Provençal Pasta Bake	Spiced Pumpkin and Tomato Sauce	Baked Beans
<i>On the side...</i>	Coriander Rice Tortilla Wrap	Greek Salad	Rosemary Roasted New Potato	Fragrant White Rice	Chips Crispy Onions
<i>Vegetables</i>	Steamed Corn Red Onion Salsa Mint Yoghurt	Baby Carrots	Mixed Greens Roasted Carrots Herby Gravy	Prawn Crackers Thai Broccoli Green Beans	Chilli Corn Lemon Peas Tartare Sauce Mustard
<i>Something Sweet</i>	Chocolate Chip Shortbread Yoghurt and Cut Fruit	Apple and Sultana Sponge with Custard Yoghurt and Cut Fruit	Chocolate Chip Sponge with Chocolate Sauce Yoghurt and Cut Fruit	Salted Caramel Biscuit Cake Yoghurt and Cut Fruit	Jam Donut Yoghurt and Cut Fruit

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QEH Menu Week 3 Autumn 2021	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Main Course</i>	Rich Spicy Beef Chilli	Jerked Chicken Drumstick/Thigh	Roast Pork with apple Sauce	Teriyaki Chicken Stir Fry	Battered Fish Fillet
<i>Vegetarian</i>	Macaroni Cheese with Herby Crust	Root Vegetable and Quorn Hotpot	Goats Cheese and Red Onion Tart	Quorn Shepherd's Pie with Sweet Potato Top	Falafel Burger with Red Cabbage Slaw
<i>Pasta Sauce 1</i>	Chorizo and Cherry Tomato Sauce	Smoky Pork and Bean	Chicken and Basil Lasagne	Sweet and Sour Pork	Build your own Burger
<i>Pasta sauce 2</i>	Tomato and Basil Pesto	Butternut Squash and Basil	Mushroom Stroganoff	Roasted Tomato and Spinach	Baked Beans
<i>On the side...</i>	White Rice Taco Shell	Coconut Rice and Beans	Roast Potato Basil Oil	Egg Noodles Vegetable Rice	Chunky Chips
<i>Vegetables</i>	Sour Cream Tomato Salsa Sweetcorn	Pineapple Salsa Green Beans	Red Cabbage Root Veg Mix Gravy Stuffing Ball	Garlic Courgettes Chilli Corn	Cheese slice Pickled Gherkins Burger Relish Peas
<i>Something Sweet</i>	Mixed Fruit Crumble Yoghurt and Cut Fruit	Lemon Drizzle Sponge Yoghurt and Cut Fruit	Cherry Flapjack Yoghurt and Cut Fruit	Banana and Toffee Sponge	Caramel and Chocolate Shortbread

Jacket Potato and Filling Available Every Day